

NEWS

SHELTON PARKS AND RECREATION NEWS

JULY 17, 2015 | MEDIA RELEASE | LEAVE A COMMENT

NEW – FREE YOUTH PROGRAM AT MTA COMMUNITY CENTER Shelton Parks and Recreation is excited to announce the kickoff of a free summer recreation program for local youth at the Transit-Community Center. Starting Monday, July 20 Mason County youth will have a safe place to recreate and play for a few hours each day, playing sports including basketball, pickleball, and volleyball, board games and more.

The schedule includes:

- Mondays & Wednesdays open gym. Youth 14 – 17 are welcome 3:30-5:30pm
- Tuesdays & Thursdays fun and games. Youth 8-14 are welcome to 3:30-5:30pm. Participants will need a completed parent permission form returned to Shelton Parks and Recreation.

Volunteers are essential to the ongoing success of the program and providing supervision and instruction for these programs. Individuals interested in volunteer can contact Shelton Parks and Recreation at 432-5194 or mziegler@ci.shelton.wa.us for more information.

The Transit Community Center offers a unique recreational opportunity, housing a full gymnasium at the center of public transportation.

This program is made possible from funding provided by **Green Diamond Resource Company.**

OFF LEASH DOG PARK – COMING SOON

Fence construction is slated to begin July 28. With the other amenities to follow the park may be open by the end of August.

The Friends of the Shelton Dog Park are moving forward with plans to develop the first off leash public dog park in Mason County. With approval from the City Commission, a .34 acre area at Kneeland Park will be fenced for use by the numerous dog owners in our community. This will provide another activity for families to enjoy at Kneeland Park along with the Imagination Station Playground, basketball court, picnic shelter, horseshoe pit, and open grass play area. For more information on the fundraising and current status please visit the friends facebook page at <https://www.facebook.com/pages/Friends-of-Shelton-Dog-Park/853724637991279?fref=ts>

MUSIC IN THE PARK AT KNEELAND PARK IN 2015

Skookum Rotary is again conducting the popular music in the park series on Thursdays, July 16 – August 20 at 6:30pm-8:00pm. This year the event will be held in Kneeland Park, 100 Turner Ave. <http://www.sheltonskookumrotary.org/Event/79436bc4-199e-48d9-8c17-60205866b4be>

SHELTON CREEK TRAIL

Check out the new trail located at 7th and Laurel Street behind William G Reed Library. This .7 mile trail follows Shelton Creek to the paved pedestrian path located on 13th Street by Mason General Hospital. The trail was constructed by the CHOICE High School CTE natural resources class.

PANCKAKES IN THE PARK

Shelton Kiwanis Club is hosting the 66th Annual Pancakes in the Park on Sunday, July 26 from 7:00am-1:00pm at Kneeland Park.

FITNESS BOOT CAMP

If you are finding it hard to motivate yourself to work out or if you are bored with the same mundane workout routines, then Fitness Boot Camps might be the activity for you. This four week boot camp will incorporate drills that will improve strength, flexibility, agility, power, and cardio. A variety of drills will be taught by ISSA Certified Personal Trainer Sarah Johnson. The camp will be held at Kneeland Park, so no one has to stay inside for those nice

summer days. Working out with a group will help motivate you to push yourself harder and never skip a workout. If you are an SHS Athlete and you want to put in some extra work before the season starts, sign up for Fitness Boot Camp so you can have the best season yet!

What to Bring: Positive attitude, Exercise mat or towel, water bottle, running shoes, and layered clothing for the outdoors.

Dates: August 3rd-August 28th Days: Monday, Wednesday, Friday

Morning Sessions: 6:30AM-7:20AM Evening Sessions: 5:30PM-6:20PM

Fee: \$60 for 12 of the 24 sessions. You choose AM or PM session.

\$8 drop in fee SHS Athletes will receive a 20% discount

Ages: 14 and older Instructor: Sarah Johnson, Certified Personal Trainer Location: Kneeland Park Min/Max: 8/20

Return forms by drop off or mail to: Civics Center 525 W Cota Street Shelton, WA 98584. Make checks payable to City of Shelton

Or return by mail to: Process Performance 1711 Binns Swiger Lp Rd Shelton, WA 98584. Make checks payable to Sarah Johnson

SCHEDULE YOUR PICNIC SHELTER NOW

Birthdays, family reunions, picnics, class reunions are all events held regularly in the city's parks when spring and summer arrive. In order to secure your desired location and time at a picnic shelter in Kneeland Park, Callanan Park, or Loop Field contact Shelton Parks and Recreation to schedule your event.

For more information contact Shelton Parks and recreation at 360-432-5194.

Related or Similar Stories

- FREE SUMMER YOUTH PROGRAMS (JUL 13, 2015)
- SHELTON CREEK TRAIL GRAND OPENING (MAY 29, 2015)
- SKATE PARK OPENING AND MORE SHELTON PARKS NEWS (MAR 26, 2015)
- CITY TO SURVEY CITIZENS ABOUT NEIGHBORHOOD PARKS (MAR 27, 2012)